

## **Divien Creation / Lucy**

# Divine Creation



**Lucy**



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### *A Divine Message*

*“All of you shall care for one another and be as one  
and I shall gather you from the four corners of the world.*

*I shall uplift your souls from the gutters,  
to lead you from despair and doom,  
with ancient knowledge  
to ‘Tikkun Olam’ – reforming world order.*

*Righteousness and purity  
shall cleanse your thirsty souls.*

*To prepare you for the future,  
teach you the secrets, and **unite your souls.***

*In the distant future, I shall wash your faces  
in a turbulent ocean, earthquakes, and signs.*

***This book is a message for the  
generations, contain my words.***

*There is no anger, fury or punishment  
all of me is illuminated with love.”*

*I prayed to God:*

*“Let me have everything so that I may enjoy **life**”.*

*And God replied:*

*“I gave you **life** - so that you may enjoy everything”*

*A folk saying*



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# Introduction

**Although the book is written using male pronouns, it is intended to apply to both genders.**

I would like to thank all those who purchased, received, or borrowed this book. Nothing is coincidental!

**This book was meant to fall into your hands.**

All that is required of you, the reader, is curiosity, flexible thinking, a willingness to accept new ideas with an open mind and a healthy sense of humor. This book was written to satisfy the public's interest and curiosity in the insights and knowledge I speak so often about.

I gather all of the knowledge, insights, and messages that my soul has collected in its thousands of incarnations. **This book was dictated to me at night through channeling within two months, first in Hebrew and then translated to English. It was intuitively and directly typed into the computer.**

The book's contents provide and answer in simple and simple language to the question "Who are we?" as well as other important questions, such as:

- Who are: God, 'The Creators', and 'The Created'?
- How was life on Earth, and in particular humanity, created?
- Why are we here and what is humanity's purpose in the universe?
- What are fate, destiny and the soul?
- What are heaven and hell, and is there life after death?
- How are the biblical era and the era of the dinosaurs connected?
- What are the rules of the universe and other cosmic musings?

**Before we begin, here are few basic insights:**

1. **There never was and never will be a single truth.** For one simple reason: it denies the right to choose. If there was only one truth – you would have been prevented from thinking otherwise. Therefore, accept the contents of this book as an additional opinion that can enrich the knowledge you already possess. It is important that you form your own personal opinion and way of thinking. Open your mind and never blindly follow other people's ideas.
2. **You are all temporary guests on any earth.** Nothing was or will be yours forever, other than your free will. Even your soul is not yours! it belongs to God!

3. **Life is like a game of monopoly:** each player (a human being) begins at the starting point (birth) with a backpack (the journey of the soul) and a roadmap (the lines of destiny) which were chosen in advance to be experienced by the soul.

During the course of the game (life): a human being moves, undergoes changes, buys/sells, builds/separates, ascends/descends. finishes the round (dies), returns to the starting point (the souls *'returns home'* to God) and then starts over again (the soul reincarnates and reborn in a new body or stay as a spirit) with a new roadmap (the lines of destiny), in a new location somewhere on planet Earth or in some other location in this infinite universe.

Indeed, life is an infinite, wonderful and amazing 'game'.

4. **You cannot die.** You are made of spirit, spirits cannot be extinguished. You are eternal souls.
5. **Your aim is to create and testify to the nature of God.**



## About me



I have always been fascinated by the spiritual's world that is hidden from sight, from the desire to feel and to see beyond the physical dimension.

I am a practical architecture by profession, but more than that I am a spiritual woman, a medium since the age of six and a descendant of Rabbi Haim Ben Atar *'The light of life'*. I never studied channeling.

I channel though *'The Galactic Center Entities'* for whom I serve as an instrument, as vessel for passing through their messages. These are enormous spirits, so enormous that planet Earth appears to be a tiny ball next to them.

This book was passed to me through channeling from of *'The Galactic Center Entities'* in order to explain to humanity in simplicity and easy-to-understand about *'The creation'* and life on planet Earth.

- **I am an ancient soul who is connected with** the entities, aliens, angels, the deceased, other spirits and souls. I work also in the healing of the human body.
- **I'm full of endless faith in God and in** *'The Creators'*.

- As a descendant of Rabbi Haim Ben Atar ‘*The light of life*’ yet **I am not** religious for reasons concerned with freedom of choice, and that's because:

The moment a man adopts a religious belief and acts according to rules and regulations that were written by others and not according to his own choice, he is blocking himself off from personal experience and choice and creating his own *karma*. This goes against a human being's basic freedom of choice.

*In the infinite universe there is  
**no religion - only faith.***

*The inner faith is what makes the difference  
and not the outward appearances.*

- **A channeling communicator** is a spiritual person who channels with something in the universe **with the aid** of auxiliary tools, such as: cards, coffee, maps, numbers and so on.
- **A medium** is a spiritual person who connects between the dimensions and has the ability to channel with something in the universe **without need of auxiliary tools**, only by receiving messages using the ten senses through the intuition sense, like reading the person's soul from afar or from up-close, including an X-ray vision.

- **A medium** is not a learned or acquired profession but **an inborn ability** that comes with the destiny of a person's soul and it is developed through years of experience without any fear. A medium is unaware of possessing such ability until he receives feedback from others who were received predictions that came true.

*In every aspect of life,  
the moment you ask ‘why’ and  
do not receive a logical answer,  
it is the time to stop and rethink the matter.*




**Around the world**

*”People pay their respects to glorify religious*

*leaders clothed in various outfits.*

*Who are portrayed as more reliable and  
trustworthy than true people of the spirit  
such as mystics and mediums who are  
portrayed as flighty, strange, or charlatans.*

*Remember dearly beloved, person’s  
outward appearance and clothing  
do not indicate his quality,  
motivations, and true personality”.*






**A divine message**

*“Dearly beloved,*

*Who are asking for assistance and guidance in your lifes,  
So that you may understand where you should turn to.*

***Go to the wise and silent person,***

*Who does not ask for alms or provides you with talismans,  
Who does not walk about wearing fine clothes  
Or spends his time in temples and luxurious buildings.*

*Dearly beloved*

*You will reach that person by word of mouth.*

***Be wise and go to the modest,  
quiet, and humble ones.***

*The words of wisdom of heaven  
are spoken quietly, with humor and a smile,  
not with shouting, threats, and intimidation.*

***Not by might or by power,  
but by spirit, I am the LORD.***




## As a child

I grew up in Israel. During the years I was left alone without family. In my childhood years during the 70s', I lived modestly without luxuries or toys. Because of the lack of money I learned to design, draw and to make dolls and toys by myself. In time, I discovered just how much this life of poverty was essential to help bring out a hidden talent that proved to be useful during my life in school and in various workplaces in which I was in charge of organization and design. I realized in retrospect that every shortage is for the person's future benefit.

As a child, I would talk to myself often. My parents were busy providing for the family and I had a great deal of quality time by myself with an active imagination and patience with fearless of experiencing new things. I noticed that when I would ask questions, then a reply would immediately pop in my head and I would get explanations and answers from an inner voice that continues to speak and lead me to this day.

At the time, I thought that my experiences were typical of all children and that perhaps it simply wasn't customary to talk about it. I thought everyone heard voices in their heads, saw and spoke to entities and spirits of the departed. Over the years, I discovered that **it is I** who is unusual and exceptional.

At the age of six, I began to see and have conversations with deceased relatives. Out of boredom and loneliness I opened up to the world of the spirit. There, I felt protected and there was no one to stop me or doubt my faith. I felt no need to surround myself with many human friends even until this day. I live within a rich inner world filled with souls, entities, angels, guides, and so on with whom I channel. With them I feel satisfaction and never lonely or bored.

As a child I used to stare at the sky wondering:

*"I do not belong here, what am I doing in this place...why have you forgotten me?"*

Years later, I received the answer that the source which my soul had come from is **'The Galactic Center'**, located somewhere (in the black hole) in the universe and through them I'm channeling. My real destiny of mine is to fulfill the lofty goal of serving as a medium who channel and transfer messages and insights, even helps solve crimes cases around the world, especially in this age of great changes in the energy of Planet Earth.

A new age is about to begin as we will reach the 'Year of light 2025' towards **'The age of Aquarius' is about to come in year 2106.**

You can read more in my second book **'The Ages Theory'** ([www.lucy4you.com](http://www.lucy4you.com))

## As an adult

During my twenty, after many years of working as practical architecture at the same place, I decided to quit my job after receiving a message from the entities:

*“My dear, it is time for you to go. The department is about to close down. This is the right time for you **to begin fulfilling your true destiny.**”*

I have shared with the department manager at work that information, about what was about to take place in the company and about my decision to leave. I told him that he will also be fired shortly after I leave and the whole department will be closed. Despite his lack of faith and ridicule, a short time after I left - all my predictions came true!

This incident strengthened my sense of confidence and my belief that I should do what I was destined to do: channel, advice, consult and heal, provide people with insights, rethinking, solutions and hope.

During the course of my life I have spent a number of years doing volunteer work:

- Broadcasting on one of Israel’s radio stations and answering listener’s questions. Over time I accumulated an audience of regular listeners.

- Voluntarily fulfilling the last wishes of children suffering from terminal cancer in hospitals (of course only with their parent’s permission).

I could not prolong their life, which is in God’s hands and a cording to their soul pat they have chosen before entering a human body.

I have listen and speak in their language, explaining them that as an endless souls they could never die. I try my best to provide them a simple answer to their question:

“Why did this happen to me?”

I asked ‘*The creation*’ to wrap and cover them with light and pure love for the continuation of their soul’s journey toward their next incarnations.

## Mystical events in my life

### Age 12

One summer day on my way back home from school, a man wearing a long coat and holding a jute sack approached me and asked how he could reach the market. In spite of my detailed explanation, he insisted that I take him there. I gave him my hand, he held it tightly and we began to walk. In a flash of a second I realized I had made a huge mistake and I prayed for God help. Two minutes later a classmate emerged from behind us and with a quick movement of her hand, she released me from his grip and said:

*“Don’t you know you’re not supposed to go anywhere with strangers?”*

All I recall is that the man ran away and I remained shocked. I immediately realized what could have happened without that help. I thank the God that my prayer was answered immediately and the soul of that dear classmate was sent to rescue me.

Since this incident I have a strong desire to solve crime cases and find missing persons around the world, as I feel it is my destiny.

### Age 20: Messenger

At noontime at a shopping center. I entered a restaurant located next to a main wide road. While ordering my meal, I suddenly noticed an old man in tattered clothes pressed up against the restaurant’s window, staring at the diners. I found it strange that nobody else noticed him, it was as if only I was seeing him. I went out and put some money in his hand; he returned the money and said:

*“I don’t want your money, I want to eat.”*

He refused to come inside and stay on the sidewalk. I told him to wait so I went inside, bought him a meal, went outside and gave it to him. The man didn’t say anything, just kissed the back of my hand and took the food. On my way back inside, I turned back for a moment but he vanished!

I searched for him but couldn’t find him. In retrospect, I realized that he was a messenger sent from Heaven to test me.

### Encounter with Aliens

Late one night while asleep, I woke up and felt my entire body paralyzed, all I could do was blinking my eyes. I saw very clearly before me:

**Two aliens** standing in the entrance to my room looking at me. They appeared (just as they do in the movies): height around

four and a half feet, head shaped like an upturned pear, eyes large and cat-like, no eyelashes or body hair, small mouths and noses. I was not afraid! Without being able to move, only my eyes were open, I began to communicate with them without words only through telepathy. The first sentence I asked them was:

*“Why did it take you so long to come? I’ve been waiting for you since an early age.”*

And the aliens immediately responded:

*“We’ve been here all the time. You are the one who wasn’t ready for us.”*

The only thing I remembered from that encounter was how my body rose in the air and with a single blink they rotated me, so that I faced the floor and were led through my room’s open window to a magnificent, flat and round spaceship covered with many small illuminated windows.

To this day, I remember the unusual structure of the links that make up the spaceship’s floor. I know in my subconscious that I received some kind of treatment in the spaceship by the aliens, but they erased the memory I had of it. After the treatment I got, I was returned to my bed. In the following day, I woke up in the morning extremely tired and felt my body was barely able to carry itself as if something or someone had “dug into

it” during the night. That same night I received, among other things, the ability to see through with ‘X-ray vision’.

### **Age 30: Trip to London**

I went with a friend for a short trip to London. During the trip we took a ferry across the river Thames. During the cruise I closed my eyes for a few moments and saw a vision from the past, I saw: The entire city of London on fire.

Only after researching the subject few weeks later, I discover about ‘The Great Fire of London’ that broke out in year 1666.

While we’re in London, celebrating my 35th birthday, my friend and I went into a five-story toy shop on Oxford Street. During a conversation with one of the salesmen, it came up that he was Israeli just like us. My friend announced to him that as a medium I could answer one of his questions. The salesman insisted that I give him a personal message without telling me anything. I looked at him and said:

*“You were here in London when you were 17, on a family trip with your parents and your little sister.”*

The salesman was stunned. He stumbled backwards and on his way knocking down a toy shelf and exclaimed:

*“It’s true, how did you know that? I will gather the rest of the Israeli and local employees for you. Come to the fifth floor.”*

Without requesting it, I found myself on the fifth floor channeling for the store's employees in both Hebrew and English for nearly four hours. I remember one special case in which the Israeli manager of one of the departments approached me; he didn't say anything, but I asked him:

*"Why are you sad? Your sister is already feeling better after the operation."*

He was surprised that I knew about his sister's condition. He told me that his sister had undergone heart surgery in Israel about a month ago and he was worried about her. I stood in front of him and began to see, by using an 'X-ray vision', her heart from afar; I mentioned the source of the condition she was suffering from.

*"The source of your sister's heart condition was the lower left valve, which separates the chambers of the heart. It did not function properly. The problem was fixed following that operation."*

To make sure, he immediately reached on the phone his mother in Israel and asked her about his sister heart's problem. His mother verified all the details I gave him!

Finally, after four hours we came out of the store. While standing outside on Oxford Street, I told my friend to stay put and look at the sky.

I told her: *"The Creation is sending us a message and a hug from above."*

My friend didn't understand my meaning, but after two minutes looking at the sky, an airplane emerged out of nowhere and marked a white stripe in the blue sky. We looked at each other shocked and delighted.

### **The woman in black**

A woman about seventy years old came to my house for a channeling session. She wore a black dress; her hair was black and disheveled. She sat in front of me and began to complain how "mystics have ruined her life by 'not allowing' her to ever experience love". While she spoke, I soon felt her negative energy so I imagined walls of defenses all around me and noticed that a satanic male entity dwelled within her so I asked the entity within her:

*"What have you come to me seeking? What is it that you want? You know that I am protected and enlightened, you cannot harm me."*

The woman continued complaining and began to curse. After a few minutes I opened the door and asked her to leave without payment. After she left I purified my house. A short while later I performed two telephonic channeling sessions for customers, the first session ended without incident.

However, during the second session I smelled something burning inside my room. It was 11:00 in the morning and I was wondering:

*“Who is barbecuing at such an early hour?”*

I looked out the window but couldn't see anything. Then I raised my head up and was terrified to see a “fiery flame” erupting from the top of my head. I cried out to God's guidance and summoned *The angels of heaven* to protect me. The woman for whom I channeled over the phone witnessed the entire incident; she heard everything and was startled by my screams, so we finished the conversation and scheduled a new session.

At the same time, I put out the fire from my hair, burnt pieces of paper fell down my hair. Amazingly, my hair wasn't damaged at all, nor was my scalp. Immediately I received a message:

*“The energy was sent to you by the woman in black”.*

Right away I joined my palms together to form a *'ball of light and fire'* that was sent from the woman in black - then I sent it back to her. I asked *'The creation'* to let justice be done and received the following message:

*“All that was sent - shall be returned to the sender. You have done well;*

*We've come to chase away the darkness, holding light and fire in our hands.”*

This case strengthened my understanding that I have the ability to send *'balls of light and fire'* filled with energy in order to protect, heal and send love. I simply roll these *balls* between my palms and feel a great energy of electrical current. I observe the process through my third eye from the moment of the sending to the moment of the arrival energy to the precise destinations.

Because I work with the spiritual dimension, it is possible to sense the heat but nevertheless energy cannot naturally be seen with the eyes but only through the third eye located on the forehead between the eyes.

Sometimes I think my life is a bit like the 'Harry Potter' movies. Those movies use special effects, which can be seen unlike me that invisible light and energy flow naturally through my hands.

### **Out of body experience**

During my spiritual development I enjoyed reading New Age books. One night I woke up from my sleep paralyzed without the ability to move, I could only move my eyes and eyelids. On the wall in front of me I saw a wide camera film open up on which there were three picture frames.

Paralyzed, I saw with my own eyes how my soul rose out of my chest and entered into the first picture frame. There, from the perspective of a hovering *white dove* I saw some of **my previous incarnations**.

This process repeated itself three times. When the first scene ended, my soul returned into my chest then came out again and entered the second picture frame, and again to the third picture frame. In each frame I saw myself in different times and places and speaking different language. Throughout the entire process there was a fast-paced background noise I will never forget. At the end of all this my soul returned back to my chest and the camera film rolled itself up and turned into a pinprick of light.

Moments later while still paralyzed in bed with my eyes open, **a spiral of white light** appeared in front of my face. It was about twenty inches both in height and in diameter at its widest point and it began slowly to turn around and around. **In the spiral were tiny chubby smiling angels flying** winged and naked (sexless). Each angel shone with a different color and heavenly music of harps and flutes could be heard in the background.

After a while this spectacular image slowly disappeared. I remained shocked and paralyzed in my bed until I was finally able to move again.

### **Age 40: The prince of darkness**

I borrowed a spiritual book from the public library. I read the first half and agreed with almost everything written in it. I placed the book on the night stand beside my bed. The next day I read the second half of the book and while reading I realized that the contents of the book were not as “enlightened” as I had thought. Doubts and anger arose in me over the fact that its contents didn’t originate from a pure place but rather from dark and aggressive intentions, which had succeeded in attracting a multitude of admirers around the world. I viewed it as a moral obligation to publish criticism about that book, in my book and in other ways.

At midnight, I placed the book on the night stand next to my bed and sunk into a deep sleep.

Suddenly I opened my eyes, I couldn’t move beside from blinking, I lay on my side paralyzed. I felt that someone kneeling on my bed behind my back, a depression had been created in the mattress. Someone’s elbow pressed into my right arm and I felt pain.

I saw that it was a male figure with a bull’s head with thick glowing horns in a glittering gold color, which emerged from the upper part of his forehead. The pain in my right arm gradually intensified.

My mouth was paralyzed as the rest of my body, my heart beat fast. I decided to speak with him voicelessly and politely asked him to leave and not bother me, then I heard laughter and chuckling rising from his throat. With no one to help me I began cursing him and summoning angels and entities to come and help me.

He approached my right ear and whispered:

*“Who do you think you are to dare write about me in your book? You mustn’t write what you’ve intended to or slander my name. You are unaware of the fact that I have a respectable position in the universe **in order to allow freedom of choice for all humanity.** You shall never publish the name of the book you’ve read and if you will do - so then I will visit you again and while I’m here let’s testify the power you have.”*

He clung to my ear chuckled and applied force on my right arm. Suddenly I felt a “ball of light and fire” stirring in my belly and beginning to climb up my body. It reached my chest, entered my right arm which rose up in the air and pushed him away from me. He disappeared in an instant and I began to move my body slowly.

Once more I received a message:

*“We’ve come to chase away the darkness **holding light and fire in our hands.** With a mighty force of light”*

Immediately I knew that the entity came out of that book, so I quickly removed it from my room and returned to the library the following day. As promised to the Prince of Darkness, I will never reveal that book’s name.

I decided to share my encounter with the prince of darkness, the devil himself, in order to make it clear: the devil does exist.

**Following this incident I realized that good and evil do not exist.**

Who decides what is good and what is evil? Maybe what’s good for one person is bad for another? **Everything is relative.**

***Everything exists around you in pairs:***

*Male and female; day and night;  
darkness and light;  
devil and angels; heaven and hell.*

*You even have given the ability to lies  
because telling always the truth will  
avoid you to choose.*

***All is done in order to balance  
and allow you the freedom of choice.***

## 2014: The death of my mother

At the beginning of the year my mother passed away. Six months before she died, while she was still relatively healthy, I had a dream, in my dream there were couple of rooms. In the first room people were dressed in black, sitting on the floor as if they were mourning and “sitting *Shiva*” (the customary seven-day period of mourning in Judaism). I noticed there was a second door so I reached to open and closed it behind me. There I met my mother; she was by herself telling me:

*“Hash.... don't tell the people sitting in the other room that I'm here. **Only you can see me.** They are asking me in heaven to decide whether to stay here or to leave. What do you suggest I decide?”*

I replied:

*“Mother, I have no right to decide for you, that it a decision only you can make, it is between you and God.”*

She replied back:

*“All right, I'll think about what I should do.”*

In my dream, I left the second room, closing the door behind me and joined the people in the first room who were mourning and sitting ‘*Shiva*’ on the floor, additionally I also saw the number five and thought perhaps it indicated a date, month or an hour.

Even then, a few months before my mother's death, while she was still clear-minded and relatively healthy I knew she was about to die. I did not want to frighten anyone so I kept it to myself.

Friday morning, while I'm still at home, stunned with the fact that tears nonstop keep falling from my eyes. At four o'clock in the afternoon I received a message from the entities:

*“You must urgently rash to the hospital”.*

I called the hospital to let my relatives know I was coming. I got in my car and began driving toward the hospital. Right away I felt someone sitting in the passenger seat beside me, who was trying to channel with me. I realized immediately that it was my mother!

She said:

*“I came to say goodbye. I chose to leave now, on a Friday afternoon when there is little traffic on the roads because I know how much you hate traffic jams.”*

I replied:

*“Mother, wait for me! I want to be there before you go. I will be arriving at the hospital shortly.”*

She gave me some messages about my relatives and then asked me to take a photo of the sky and sunset with my cellphone

camera, so that I will have a final souvenir from her.

I photographed the sky and sunset as I entrance the hospital. I then ran up to the ward and went into my mother's room.

My relatives in the room announced me:

*"Your mother passed away **while you were driving** to the hospital. We didn't call to tell you, because we didn't want you to have an accident."*

My mother was lying in bed. All the medical equipment that surrounded her was disconnected. I saw a vision with her standing close to the bed. She was smiling, healthy, happy and suffered no pain. She was standing with a few of her deceased relatives at the entrance to *'The tunnel of light'*.

Instead of crying, I began to feel joyful. I kissed, blessed, and said farewell to my mother's body. I told everyone in the room what had happened to me on the way to the hospital and what I saw in the room. I found myself passing personal messages from my mother's soul to my relatives and medical staff that were in the room, all were shocked by the precision of the messages.

To this day, I don't fully understand how I was able to do it. During the most painful time in my life, I was filled with mental strength as if I turned into a different person for a short time.

After my mother's body was placed in a bag, zipped and was on the way to the morgue, I stood in the corridor of the ward, waved goodbye and began to cry. I realized that I was saying goodbye to my mother's body for the last time but not to her soul.

Friday at five o'clock in the evening, my mother passed away at the age of 81.

Before my mother was hospitalized for the last time, she said goodbye to all her neighbors and friends as if she knew she will not be coming back. (They say that a person knows when he is about to die).

A few days before she died, she was admitted to the hospital in room number 8, her bed next to the door. She asked several times that her bed be moved next to the window so she could see the sky, light, and birds. But it was never done by the medical staff despite our efforts. At one point during her hospitalization she switched rooms. My mother passed away in room number 8 with her bed next to the window, just as she had asked many time.

***The soul is infinite.***

*It enters a host body at the time of **birth**  
and exits it at the time of **death**.*

*The soul returns 'home' to God as a spirit.*

No one prepares us to separate from your parents, loved ones or any other person with whom you've shared your life for a long period of time. The wise thing to do in life is to see the glass as half full and remember the good things your dear ones did and how they helped you receive throughout your life: education, knowledge, skills, wisdom and insights.

Each one carries with him difficulties and hardships from the past. But surely there were also good experiences, laughter, holidays or other enjoyable memories. It's a waste of time and energy to be angry at the past, about unfair treatment or various ways in which you were deprived.

Unfortunately, the past cannot be erased but new ways of thinking can develop. You can change your point of view, viewing the past out of understanding and forgiveness.

**If you don't forgive - it will return back to you** (rule no.2), affect your health and then your body will become sick and ill.

*Each event that occurred in your lives  
was meant to occur - because you chose it !  
You chose to experience those events in order  
to achieve personal empowerment, mature  
and to complete cycles and finally make  
correction with your own karma.*



### **A divine Message**



*You have received from your parents  
**the most precious thing on earth,**  
which no one else can give you:  
**life - the only sacred thing.***

***You can't die,  
you are infinite soul for all eternity.***




## **The method of channeling**

People ask me what is my channeling method? How can I channel without auxiliary tools? To that I reply:

I have no method because I never studied channeling. There are no people with ‘super powers’, only an ability that comes during practicing without fear and depend on the person’s destiny.

### **All human beings are born with ten senses:**

Five earthly/physical senses and five additional supernatural/spiritual senses.

The intuition sense is the central point which been feeds from all ten senses.

(For more detailed see Chapter 6).

*If you will rid yourself of fear  
and constantly practice,  
you will improve your  
abilities to receive messages  
and knowledge as well  
into your intuition sense.*

*Pay attention to every detail  
of your day-to-day lives.*

*‘The creation’ is trying to provide  
you with messages such inside:  
Book, song or anything else  
you read, hear or see.*

**How I channel:**

I receive communications and messages through thoughts inside my head (and no, I do not hear voices 😊)

I simply close my eyes and see a vision filled with details and images. I listen and pass on the messages and answers filled with information from the spiritual world.

The ability to channel can be illustrated in this way: there are many drivers on the roads. Mediums are:

- Much like race car drivers because there aren't many of them and they are very fast.
- Mediums use most of their ten senses so their intuition sense is highly developed.
- Mediums are very curious and constantly seek new experiences and do not fear the unknown because for the mediums everything is known so there is nothing to fear.

***A Simple Formula***

*Fear results from - the lack of knowledge.*

*Knowledge is power - which chases fear.*

***If everything is known - there is nothing to fear.***

During a channeling session, those are the person's details are usually taken:

- Person's first name (without last name)
- His mother's name
- His date of birth (day and month only).
- Then he required asking any question he chose.

I hear the person's question, then close my eyes for a second, open my eyes and connect the '***Galactic Center Entities***' and start receiving knowledge and messages for it. Those entities are enormous in size, so enormous that the earth appears like a tiny ball next to them.

Through channeling it's possible to receive answers about questions related to many subjects, such as: relationships and love, work and career, health and sickness, business and other issue.

With 'X-Ray vision' I provide information about current or future medical issues. Occasionally I receive and pass on messages from loved ones who are deceased.

Each channeling session is done in a kind, understanding, patient and humorous manner. I will never deceive, intimidate or provide any information that will not benefit or will cause harm and that is because of the rule no.2 of creation (*Karma*):

“Everything returns to the sender” known also as:

“What goes around- come around”

That works on me as well. If I ever provide false and unreliable information, that energy will come back to harm me.

In purpose for my mind not to be burdened and to protect myself, all the messages and information that are passed through me are deleted after the channeling session, this is why I don't remember information, details or people. I am only the messenger of ‘*The creation*’.

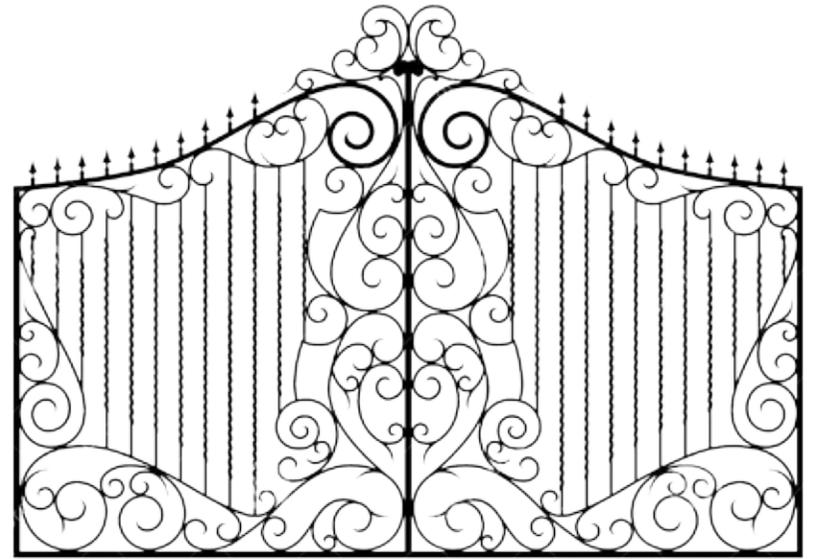

*Once there was a child girl that was a bit odd,  
 a little shy but with a heart of gold.  
 She wanted to help those around her  
 so they would see, how much goodness God gave her.  
 She asked to feel like she belonged somewhere,  
 to experience care and love with one another.*

*She had no books or toys on her shelf,  
 so she imagined another life and created lots of games  
 from cardboard and colored pencils for herself.*

*When she had no doll to hold,  
 she made one from a sock that was old.  
 She played hide and seek by herself and didn't think it was odd  
 to always have conversations with God.*

*She spent her childhood in the backyard of an old house,  
 many years ago in a distressed neighborhood.*

*She was blessed with the ability to receive and correspond  
 with entities that gave her messages  
 from the hidden worlds beyond  
 which in time were revealed to be true  
 And so she helped other people and her reputation grew.  
 Channeling gave her happiness, satisfaction and friends.  
 She didn't have much fortune - but a heart of gold  
 which was provided to her - by almighty **God.**”*

# **The First Gate**

**Tools for understanding  
'The Creation'**

# Chapter 1

## Who are we and where do we come from?

As a great believer in God, I respect religions but I am not religious because of the freedom of choice.

**I do not belong** to any organization, political party, movement or sect. I have no desire or motivation to become a guru or to glorify one person or another, certainly not myself.

**All religions contradict the human being's right to freedom of choice.** The moment a person is given a list of do and don'ts, he is prevented for himself the option to deciding. Therefore, is denied freedom of choice.

### A few insights:

1. If there was only one single truth then it would be pretty boring to focus on it all the time rather than inventing new ideas each and every moment.
2. Every book is written from the viewpoint of its author, which is influenced by the author education, way of thinking,

comprehension and personality and off course according to the period time in which the author lived. The smart thing is to consider a variety of opinions in order to achieve an open-minded way of thinking.

3. As everything else in life, in order to understand: you should always listen to both sides, that is why we have both ears. This is similar to a judge who listens to both parties and only then reaches a decision.
4. The possibilities are there to allow us choice that is the reason why there are: numerous of religions, faiths, languages, educational methods, sexual and nutritional preferences, organizations, businesses and so on.
5. It is very important that the inhabitants of planet Earth adopt a single global language: **The English language**, preferably the British version along with the British culture, which is very much appreciated by '*The creation*' because **The British culture** is characterized by tolerance and respect for nature and acceptance of the other.

Therefore, '*The creation*' recommends to the British people not to hunt and kill animals as a hobby and to outwardly demonstrate and show much more of the warmth, physical contact and love that is in their hearts.

**Using a single language will help communicate and will unify** all of Earth's inhabitants (Today English is the universal language of communication). **It time to let go of stubbornness and ego around the world** without discussion whether 'yours or mine language is better'.

Each nation has the right to learn and preserve its own ancient language. **Humanity must continually make progress** and not been stuck in the past.

*It is unnecessary to preserve the history memory since **humanity never learns the lessons of the past** and repeats the same mistakes over and over again.*

**Did the wars of the past teach us to strive for peace?**  
Or have we only learned to improve the technologies of the weapons and the methods of spying and destruction?

**How did humanity first settle planet Earth?**

**Is man really a descendant of the apes or not?**

**How does all connect with the era of the Bible and the era of the dinosaurs?**

**Who wrote the books of the Bible of each religion? What are the Ten Commandments? Perhaps there are more than ten?**

It is surprising that each religion book display continuity, unified chronological sequence of events, spanning thousands of years and which are "miraculously" gathered into a single book. How is this possible?

**Religious and history books**, as all books, are written from the personal viewpoint of their authors; **they do not represent the only truth**. So their view of point is incomplete. As you know, there are two sides for each coin, which is way you always must hear the other side to understand the complete truth.

Remember: the other side will always have his own 'truth', which is different from yours but still it's the same story with two sides of view.

Many scientific, religious and historical books discuss in great detail about the prehistoric man, the prehistoric era and history in general. Many authors have written about each individual subject, but few have **connected all the dots as this book does!**

# Creation

*The Hebrew word for creation is 'Beri'ah' which is made up of the words 'God + Created' or 'Mirror of God'. This means that Man was created in the mirror/image of God and the soul is a spark of God.*

*God created 'The creators' so they would create 'The created'.*

**In the entire Universe one human race is creating other human races.**

# Who are: God, 'The Creators' and 'The Created'?

## God

- The most divine spirit being which 'dwells in heavens' and exists in everything everywhere.
- It is an infinite cosmic energy full of light, love and humor. It creates worlds, stars, souls and makes the infinite Universe go round and round perpetually.

## 'The Creators'

- Every entity resides somewhere in the Universe and creates with the grace of God.
- '**The creators**' are responsible for creating various life forms. '**The creators**' cannot create universes, stars, darkness, light, souls, etc. only God can do that.
- Additional names of '**The creators**' are: '*Beings of light*' or '*Aliens*' from other planets which exist in various life forms in God's infinite Universe.
- '**The creators**' supervise everything that is done on planet Earth and try not to interfere\* in order to allow mankind to have freedom of choice (rule No. 1).

- \* Only when things are getting out of control (see chapter 12) then **'The creators'** offer assistance in order to prevent mankind from annihilating itself.

*Planet Earth is 'The creators'  
experimental laboratory.  
With the aid of advanced  
technologies from other planets  
'The creators' have created  
'The created': the mankind.*

*In a process of Hybridized animal (a male ape)  
with a being of light (an alien female)*

### **'The Created'**

- **All Earth mankind was created by 'The creators'** by hybridized between a male ape and an alien female with the grace of God, made naked and possessing free choice **in order to testify to the nature of God.**
- **The mission of all humanity and life form everywhere in the universe is to create!**

## **In the beginning God created**

**The entire Universe exists in the darkness.** God was a bit 'bored' in the vast darkness therefore decided to create life forms and worlds to introduce some l.i.g.h.t into the darkened Universe to make it more interesting.

### **As it says in the book of Genesis:**

*"And God saw the light, that it was good":*

These words testify to the fact that God created the Universe through a process of trial and error and this is how it has always been: God creates, operates, changes, upgrades and corrects.

*1 "In the beginning God created the heaven and the earth.*

*2 And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters.*

*3 And God said, Let there be light: and there was light.*

*4 And God saw the light, that it was good: and God divided the light from the darkness.*

*5 And God called the light Day, and the darkness God called Night. And the evening and the morning were the first day.*

*16 And God made two great lights; the greater light to rule the day, and the lesser light to rule the night: God made the stars also.*

*17 And God set them in the firmament of the heaven to give light upon the earth,*

*18 And to rule over the day and over the night, and to divide the light from the darkness: and God saw that it was good”.*

## **Here's Lucy's commentary:**

### **Verse Number 1:**

*“God created the heaven”*

**The infinite space**, where one cannot naturally walk in the physical dimension but in the **spiritual dimension** of the souls.

*“And the earth”*

God created the **Earth** within infinite space; the Earth is where one can naturally walk in the **physical dimension**. The Hebrew word for Earth is *”Aretz”* which sounds similar to the word *“Earth”*.

*“And the earth was without form and void”*

In the Big Bang, God chose to **create souls and planets**. In order to do so God first created **chaos** then selected one planet and one soul, shattered them and from their seeds dust additional souls and planets were created.

*“God made the stars also”*

Each galaxy contains a **number of planets that emit light** in the great darkness:

The Moon (which illuminates during the night) and the Sun (which illuminates during the day).

**In each galaxy life can exist on only one planet!**

Therefore, of the nine planets in **the Solar System**, life can exist only on planet Earth:



### **Verse Number 2**

*“And the earth was without form and void; and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters.”*

*“And the earth was without form and void”*

**Planet Earth** was created in the Big Bang from **chaos** without form.

*“And darkness was upon the face of the deep”*

**The Universe** is likened to a bottomless void without boundaries which also exists in the darkness that surrounds the Earth.

*“And the Spirit of God moved upon the face of the waters”*  
**The Spirit of God** consist the souls that received life through the water and breathed life into a living body. **Where there is water - there is life.**

### **Verse Number 3**

*“And God said, Let there be light: and there was light”*

**God said** let there be light and light was created.

- Everything that you say or think it’s energy - that will come true.
- Everything exists in the present, in layers upon layers, so there is no past-present-future in the structure of time.
- There are no concepts of time in the Universe, only light-year concepts.
- Time was created by man in order to define the space of his own movements.

### **Verse Number 4**

*“And God saw the light, that it was good”*

**God created the light** using the trial and error method and saw that it was good and beneficial. Other than tiny dots of light that are emitted from stars, **the entire Universe exists in darkness.**

*This testifies to the fact that  
darkness was created  
first and then light.*

*Darkness is the natural  
shape of the Universe, it existed long  
before light was created.*

*Everything exists within the  
darkness and through light.*

***Light helps to reveal what  
already exists in the darkness.***

*You were created from darkness  
and to darkness you shall return.*

*The darkness is the only thing that is  
unchanging and perpetual which  
connects all parts of the Universe.*

*Accept the darkness as a background color  
upon which you can shine your internal light.*

Darkness should not be feared. People give it mistaken connotations of evil and the unknown. Light is temporary, local and emitted from stars.

**All creation of life occurs in the dark**, such as:

The birth and death of all mankind and even stars, the fertilization of the woman, creation of the fetus with all the various stages of pregnancy, etc.

### **Verse Number 5**

*“And God called the light Day, and the darkness called Night. And the evening and the morning were the first day”.*

God allowed both **light and darkness** to exist in their proper times. The light during the day and the darkness during the night. It allows order and rest for mankind.

God established that a night and a morning together will make up a single day.

### **Verses 16 – 18**

*16 “And God made two great lights; the greater light to rule the day, and the lesser light to rule the night: god made the stars also”.*

*17 And God set them in the firmament of the heaven to give light upon the earth,*

*18 And to rule over the day and over the night, and to divide the light from the darkness: and God saw that it was good”.*

*“And God saw that it was good”.*

This is the continuation of the **trial and error** experiment, an experiment that succeeded

*”God saw that it turned out well”.*

God decided to **illuminate the darkness** of the Universe with some local celestial flashlights (just like street lights illuminate large areas).

In the realm of the lesser light- **the Moon-**  
Illuminates during the short night  
and in the realm of the greater light- **the Sun-**  
Illuminates during the long day.

**The daytime is much longer than the nighttime in order to allow mankind to discover throughout the day that which exists in darkness during the night.**

## Boundaries

**Human beings** find it difficult to accept the fact they **live in a black hole within a boundless Universe.**

This difficulty results from the 'fear of the unknown' that causes human beings to fight and conquer, to establish laws and create rules in order to produce their own 'order', while fearing the 'great darkness'.

For example:

- Boundaries in time and date.
- Boundaries at sea and in the air.
- Boundary between countries, territories, etc.

*The Universe is boundless and so are the earth and the sea.  
If you open a window, you will see that nature  
does not exist in a straight lines and  
all lines are crooked and connect together.  
During this period, life on Earth is still restrictive  
and doesn't allow for personal freedom.*

**Here are a few explanations:**

Luckily enough, the air on Earth is boundless and limitless. It is everywhere and crosses into space.

- **The continents and oceans** on the surface of planet Earth were created without any boundaries and limitations and were given to all mankind equally regardless of religion, race, gender or nationality.
- The moment a Man's **movement** on the face of the earth **is limited**; his freedom of choice (rule 1) is denied. This negative energy returns in a cyclical movement (rule 2) and creates wars among human beings.

It's because of a **lack of freedom**, as a result of deep awareness and excessive use of 'force of law' beyond the boundaries of reason. This is what makes it necessary for citizens to demonstrate, rebel and fight against governments and regimes.

Rule 2 - 'everything returns' that's why this 'force action' return back to the government, which invests financial resources in suppressing their citizens in order to maintaining their 'boundaries and rules' they themselves invented. It is surreal!

**Human beings, out of ego and existential fear** have conquered other lands by force, declared them to be their own, separated themselves from other with borders on sea and land, and have given themselves their own identifying marks, such as: flag, nationality, religion, language and culture. It is a shame that humanity cannot see the complete picture:

- Human beings may be different from one another in their appearance, language and opinions, but **they all possess a soul**, this is common to all of mankind. **All souls belong to a single mother soul** (from the Big Bang).
- All humanity was created **naked and possessing freedom of choice** and has the right to: live, work, study, learn, travel, eat, dress and be buried wherever they want and choose in any country.

**There has never been nor will - human beings owning material.**

The only thing you own is not your soul but - your freedom of choice.

## Settlement on planet Earth

It all began with a single bang - the Big Bang.

**Always in order to create - chaos must first be produced.**

Just like when you renovate a house, at first there is a lot of mess and disorder. Once things are put into order or repaired and replaced then a new sense of organization is achieved.

**A brief explanation of the creation process:**

**'A point of light' is a single soul** that exploded, cloned itself and been scattered all over the Universe. This is how a limited number of souls were created in the limitless Universe.

**Along with 'the points of light' a single planet** was shattered and been scattered around the Universe then created other planets.

First God **created water**, the foundation for the existence of life on Earth. It was done by sending enormous meteors of ice to Earth.

Second **volcanoes** were created as nature developed and life forms took shape on planet Earth.

Then **'The creators'** (Aliens) arrived and created a new human breed on Earth.

*Life on Earth began billions of years ago  
with a 'leasing' agreement  
between God and 'The creators'  
to create a new human breed  
on the surface of planet Earth.*

## The age of the dinosaurs

- Once the Earth was endowed with the elements of nature, **'The creators'** decided to populate the planet with animals on sea and on land. After many experiments on their planet, **'The creators'** created many types of animals, male and female for breeding purposes and brought them to planet Earth in Noah's Ark – which was a spacecraft.
- Over billions of years, **'The creators'** had performed many experiments on their animals on Earth. Over time the growth of the animals went out of control and they reached enormous dimensions. **That was the age of the dinosaurs**, then **'The creators'** decided to end the era of these enormous animals and to start anew.

- In order to create again there must first be **chaos**. This was produced by the **Flood**, a deluge of enormous meteors made of ice originating from the rings that surround the Earth. Even after the meteors were burnt in the Earth's atmosphere, they remained large enough to destroy life on Earth but not the elements of life.
- Then Earth **underwent cataclysmic change**, which started the **Ice Age**. Eventually the Earth thawed and returned to a state that would allow the existence of life again.
- Once the Earth could be inhabited again, *'The creators'* returned to Earth in a spacecraft (Noah's Ark) along with **the animal species** (male and female) which were collected before the Flood and upgraded since then.
- Based on past experience *'The creators'* decided to **populate the Earth not only with animals but also with human beings** who were **created** in a crossbreeding process between animal (male ape) and alien (female).

*'God created man in his own image'*

*Image (in Hebrew 'Tzelem):*

*The spirit, the female soul*

*Tzel (in English 'Shadow):*

*The shadow of God.*

***All souls were created from a  
spark of God's spirit  
and will exist forever.***

*All living forms on Earth were created by  
'The creators' / Beings of light / Aliens.*

## The creation of humankind

**'The creators' are the aliens** who created *'The created'*: three species of human beings on Earth by crossbreeding a male ape with a female alien.

- The Hebrew word for humanity (*'Enoshut'*) is derived from the name *'Enosh'*: the grandson of the biblical Adam.
- **The Chinese were created first.** That's why they are the most ancient nation.
- **The creation of man first began billions of years ago in southwest China.** From there, man spread across Asia and then to the rest of the Earth.

**Throughout the Universe there are countless human species,** each with its own look and features. While we are known by the name 'human beings', the other human species known by various other names. **Each creator has a destiny of creating creates and so are we.**

## The characteristics of 'The Creators'

- **'The creators'** are actually Aliens whose origins are on distant planets. **They created the three races** of human beings on Earth.
- **The appearance of 'The creators'** (Aliens) is:
  - They are about five feet tall.
  - They have skinny bodies with long hands that reach their knees.
  - A small mouth and large and slanted eyes with dark pupils. They have no eyelashes or body hair.
  - They have bulges on their faces that serve as nostrils but no external nose bone.
  - They communicate mainly through telepathy, think in a robotic way and are devoid of emotion.
  - Their written communication uses an alphabet of stars and symbols.

## Similarities:

The chinese and the apes:

- Short, straight black hair, small and flattened nose.

The chinese and the aliens:

- Slanted eyes, skinny and short. Their body is hairless, similar language and writing; they have a robotic and often emotionless way of thinking.

Over time, two additional human races were created by '**The creators**' according to the different climatic conditions on continents of the Earth.

'The creators' created three human races separated from each other:

### 1. **The Asiatic Human Race -**

has a higher concentration of alien female A type DNA and a **lower concentration of male ape DNA**. This is how human beings which are closer in appearance to type A aliens were created.

### 2. **The Dark-Skinned Race -**

has a higher concentration of male ape DNA and a **lower concentration of the alien female A type DNA**. This is how human beings who are closer in appearance to apes were created.

### 3. **The Light-Skinned Race -**

has a higher concentration of alien female B type DNA (whose origin is from a different planet) and a **lower concentration of male ape DNA**. This is how human beings who are closer in appearance to type B aliens were created.

By mating with each other, these three basic human species **created a large variety of human appearances**, as they exist to this very day.

Climate and area of habitation influence the skin tone, hair and eyes of all three races and depending on the different levels of vitamin D that result from exposure to sunlight.

## Table of the Human Races

<u>Created first:</u>	<u>Created second:</u>	<u>Created third:</u>
Asiatic man	Dark-skinned man	Light-skinned man
Crossbreeding between an ape and a female alien.	Crossbreeding between an ape and a female alien.	Crossbreeding between an ape and a female alien.
High percentage of <b>type-A alien DNA</b>	High percentage of <b>ape breed DNA</b>	High percentage of <b>type-B female alien DNA</b>  ( <u>creation of the Nordic race</u> )

<u>Created first:</u>	<u>Created second:</u>	<u>Created third:</u>
Asiatic man	Dark-skinned man	Light-skinned man
<u>Similarities:</u>  Slanted eyes, skinny and short, straight hair, sparse body hair.  Written and oral language similar to the alien one composed of symbols and shapes.  Robotic thinking, often emotionless.	<u>Similarities:</u>  Skin tone, hair and eyes: dark.  Flattened nose, muscular, possesses a high level of physical power and testosterone.  Thick curly hair.	<u>Similarities:</u>  Skin tone, short height.  eye color: light.  Hair types:  Straight, wavy light and curly.
<u>Areas of habitat:</u> Moderate climate.	<u>Areas of habitat:</u> Warm climate.	<u>Areas of habitat:</u> Cold climate.

The origin of **woman** is from **the aliens**

The origin of **man** is from **the apes**.

## The differences between man and woman

- **Woman originates from the aliens.** She is able to perform multiple tasks like a robot. Such abilities prepared her to become a **gatherer** who is able to **perform several simultaneous tasks** with ease just like a robot or an alien.
- **Man originates from the ape.** He is a **hunter** who can perform only a single task each time. Men are busy with **animalistic survival; they possess ego and pride** just like the apes ‘the leaders of the pack’ and the rest of the males in the animal kingdom.
- Statistically women have longer life spans than men.
- In most cases **women are more spiritual than men.** They possess intuition and a greater openness to receive messages and channeling communications from the Universe. Therefore, women are usually involved in spiritual matters.
- **Migraines** most often affect women (who were created from the aliens). Migraines result from **spiritual** rather than physical causes.

Migraine is an energy that starts from the crown chakra (located at the top of the head) and descends to the third eye chakra (located in the forehead between the eyes) and controls the temples. This is the process of receiving messages and communications from the Universe. If this information is not channeled outside therefore, the energy creates a physical pressure on the head (forehead and temples area). More detailed explanation in Chapter 6.

- **Men** were intended to perform projects that require **great physical strength. Similar to apes:** men are strong, sturdy, muscular and have a high level of testosterone, which leads to hair growth all over their bodies including a beard and bristles.
- Like apes, **most men enjoy living in small packs and rule their kingdom** like ‘the king of the apes’. This is why humanity began to organize in smaller tribes, villages and small family units.
- Like the apes, the behavior of **most men is based on ego and existential fear.** As a result they act violently and aggressively and they tend not to act out of emotion which they consider unmanly.
- **Women are generally more refined** than men. As opposed to men, **women are able to live in bigger tribes or large**

**groups** based on their desire for personal freedom. Women can share one husband with other women (just like the kings and rulers of the past who had several wives).

- Man finds it difficult to share a woman with other men because of his **totalitarian outlook**. Woman can share herself with several men without any physical or moral problem and without being considered promiscuous according to the obsolete social rules of society.
- Women are **aliens, therefore are multi-sexual**. It is common to see women of every age holding each other hands or kissing. Women are much more open-minded, both sexually and mentally and their emotional side is dominant, women can share their love with others, both males and females, without any difficulty.
- Most **men are heterosexual apes** who tend to recoil from touching other men. Most of them are jealous and demand that their women remain with them forever throughout their lives, while women seek out new loves and thrills in their lives. **That is how the tension between the sexes began.**
- **Unfaithfulness** arises from the need of a person's soul to experience love outside of a relationship, which a person doesn't want to undermine for various reasons of

convenience. Unfaithfulness is not a despicable crime, such as murder.

**The human soul is what pushes a person to be unfaithful.** It's simply the **basic need** of a human being to **reach for love**, as love is the fuel of the soul because **without love humanity will become ill.**

Remember the first rule: The **only** thing that you own is your freedom of choice and it should not be touched! **It is the right of any person to experience love** without been forced to act in a way that contradicts the will of his soul.

- **Same-sex sexual tendencies are not inborn.** Cases in which a man is attracted to a man (gay) or a woman is attracted to a woman (lesbian) are the result of traumas fear or insecurities that developed in childhood.
- **The woman brings balance** that counteracts the man's destructive powers. Men mostly act out of emotionless common sense, ego and existential fear. **If not for women, men would bring about the destruction and annihilation of humanity on Earth.** The pages of history are filled with stories of wars and conflicts that were planned and executed by men.

The role of women on Earth is to balance the wild and animalistic power of men:

whose origin is from the ape which is strong, dominating and the 'leader of the pack'. Therefore, the vast majority of world leaders are men.

It is true that in order to become pregnant a female needs male sperm. But the entire process of insemination and pregnancy takes place only within the female's body.

- The source of the female is '**The creators**', as the aliens **females alone can create life** therefor, **female are the Cosmic alien factory**.

## Nature, air and light

Air and light are full of an energy called '**Prana**' which means life force, breath, soul or cosmic power. It is **the vibration that exists** in everything and in every place in the Universe.

*Each soul in the spiritual dimension that wishes to exist in the physical dimension on Earth selects a host body and breathes life into it.*

*Any physical body has no life without the presence of **the soul** that inhabits it.*

**Prana connects the organs of the physical body** by means of the respiratory and circulatory systems.

Inside the physical body are the **physical body's organs** that are connected by the circulatory system which in turn leads to the heart. This is the human being's male aspect.

**Prana connects the soul to the spiritual body** through chakras and auras. The spiritual body hosts the chakras inside the body and the auras around the body. **Auras and Chakras are connected by dots and lead to the soul**. This is the human being's female aspect.

While looking at air or water in daylight, one can see the ‘*prana*’ as rounded shapes, transparent spheres (often with a dot in it center) in various colors which can often be captured with a camera.

If the third eye is open and you focus on the sky with a long stare, you may notice constantly moving geometrical shapes that ‘fall’ from above. This is ‘*The Cosmic Geometry*’.

Watching such geometrical shapes for an extended period of time causes the viewer to see powerful and blinking flashes of light which the physical eye cannot focus on for very long.

**Music and scents also have colors and shapes** of their own which can be perceived through the ten senses (see chapter 6).

*Air, light, earth, water and music are  
all part of **the vibrations of creation.**  
Such vibrations influence the  
emotional and energetic body of all souls.*

## **Everything exists forever**

Each tree that is uprooted and every fruit that is plucked - will grow again.

A forest destroyed by fire or a polluted ocean – will recover.  
**Everything is perpetually renewed!**

If we look at a piece of material, such as: wood, cloth, glass, plastic or metal, under a microscope we will discover that the atoms are constantly moving because everything exists forever! In each and every state of matter and form!

**Nothing can go extinct or be killed.** Even in death the soul leaves the body which is perishable and returns to inhabit a different body, if it so chooses.

Nature is everything whatever lives and breathes inside you and everything around you.

Nature is the Earth: everything that grows, the air, human beings and animals (from germs right up to mankind).

**Everything breathes, multiplies, expands and contracts.**

**Nature is everyone's element of life. Without nature - there is no life!**

*You cannot silence, destroy or stop anything in nature.  
Everything lives and exists forever.*

## **Preserving planet Earth**

Essentially **you are a soul** that inhabits a living body on the face of the Earth for a short time. As a soul **you change identities and bodies in each incarnation.**

The physical body has no life without your presence as a soul.

Human beings have an egotistical way of thinking as if everything is permitted since 'we own it all'. This way of thinking is not harmonious with the principles of God, 'The creators', reality and this type of egotistical viewpoint brings about the destruction of nature and the environment, for example:

- **Land and water** resources are polluted, consumed and destroyed.
- **Animals** are slaughtered excessively on land and in the sea.

### **A Divine Message**

*"Whales and dolphins must not be killed.  
These are ancient animals that conceal  
within them the 'secret of creation'.  
These are not the ones in danger of extinction  
**human beings are!**"*

*"You are all guests for a short stay on Earth.  
You are all souls that belong to God;  
souls that in each incarnation,  
choose a host body and breathe life into it  
in order to testify the nature of God,  
you don't possess anything in the Universe  
other than **your own freedom of choice**"*

## **The elderly and the ancient**

*“Stand up in the presence of the aged and show respect for the elderly and what is ancient”.*

This verse calls on us not only to revere the elderly but also to revere nature which is ancient and which existed before human beings were created.

All of mankind’s actions come back to him (Rule no. 2) so therefore:

**The moment humanity destroys the resources of nature, future generations will no longer possess the basis for life and they will gradually become extinct.**

The moment mankind goes too far, *‘The creators’* will create a **chaos** and will send meteors to Earth to destroy mankind but not the foundations of the Earth and the sources of life.

### **Tip for life**

- Work, study, eat and drink moderately.
- Learn to touch and demonstrate love, show tolerance and care for one another. The lower level of love reveals itself through sexuality and the higher level through compassion.

- Expand your horizons, travel the Earth, preserve and enjoy nature.
- Get to know new people and cultures with respect and tolerance.

***The memories and insights**  
you gather during your lifetime  
are the only things you will take with you  
to your next incarnation.*

At the moment of death, when you reach *the ‘heavens’* you will be asked:

*“What have you done to benefit yourselves and the environment? What mission have you completed?”*

In other words, you will be asked the following:

Have **you** experienced love, what have **you** learned, what kind of education and insights have **you** achieved for yourself, what have **you** seen, how have **you** advanced humanity and yourself as souls and how have **you** helped the people and the environment with your knowledge?

You will not be asked: *“How many children you had or how much money you earned. These are not the missions of life”.*